


<b>Compass Smokefree Policy</b>	
<b>Updated</b>	May 2021
<b>Status</b>	Non-Statutory Policy Delegated to the Headteacher Updated every 3 years
<b>Review</b>	May 2024



## 1 Aim

- i. To create a smoke free school

## 2 Objectives

The objectives of the policy are:

- i. To provide a smoke free environment for everyone;
- ii. To support young people become smoke free;
- iii. To provide young people with appropriate role models who demonstrate a consistent message regarding tobacco and drug use.

## 3 Rationale

- i. Smoking is one of the biggest causes of death and illness in the UK.
- ii. Every year around 100,000 people in the UK die from smoking, with many more living with debilitating smoking-related illnesses.
- iii. Smoking increases your risk of developing more than 50 serious health conditions. Some may be fatal and others can cause irreversible long-term damage to your health.
- iv. Breathing in secondhand smoke, also known as passive smoking, increases your risk of getting the same health conditions as smokers. For example, breathing in secondhand smoke increases a non-smoker's risk of developing lung cancer by about a quarter.
- v. Babies and children are particularly vulnerable to the effects of secondhand smoke. A child who is exposed to passive smoke is at increased risk of developing chest infections, meningitis, a persistent cough and, if they have asthma, their symptoms will get worse.
- vi. The school, under the Health and Safety at Work Act (1974), has a duty of care to provide a healthy work environment.
- vii. The Health Act 2006 requires virtually all indoor workplaces and public places to be smoke free and for smoke free signage to be placed at all entrances. This includes all schools.
- viii. Schools are subject to the same smoke free legislation as other premises and most schools go much further. (The DFE and ACPO Drugs Guidance for Schools (2012)).
- ix. Schools have a major role to play in health education and prevention.

- x. Young people need to receive consistent messages and require non-smoking role models within school. It has been shown that the biggest factor affecting youth smoking is prevalence of adult smoking and young people's exposure to seeing smoking.

#### **4 Restrictions on Smoking within the Workplace**

- i. Smoking, including the use of e-cigarettes, will NOT be permitted in any part of the school premises, within the entrance area to the school or on land adjacent to the school building (car park, garden areas, walkway, etc.) where this forms part of the school premises.
- ii. The enforcement of this total Smoke Free Policy will be the responsibility of all designated responsible persons within the school. The school's disciplinary procedure will apply for dealing with employees who breach the smoking ban at work.
- iii. Employees who raise genuine concerns about breaches of this policy will be protected from victimisation.
- iv. This policy applies to employees, pupils, parents, visitors, members of the public, contractors and others working or using the school's premises or vehicles. This policy will be clearly advertised and visitors to the school will be informed of the policy.
- v. Staff are authorised to ask non-employees who breach the policy to leave the premises.
- vi. The Smoke Free Policy will apply to all activities held in the school including before and after school sessions and any meetings organised which are attended by school employees as part of their work and/or visitors to such meeting/events.
- vii. Employees should avoid being seen smoking in public in sight of pupils, parents and visitors in order to reinforce a comprehensive approach.

#### **5 Designated Smoking Areas**

There will be NO designated smoking areas provided within the school premises.

#### **6 Pupil Smoking**

- i. Pupils will not be permitted to smoke during the school day, either on the premises or outside neighbouring areas.
- ii. Non-compliance by pupils will be dealt with in agreement of the school's Behaviour Policy. Also see attached appendix A, a contract of expectations, shared at induction and signed by pupil, parents/carer and a representative of Compass School.
- iii. As part of our commitment to ensuring all members of our school community are encouraged to lead healthy lifestyles we have the following in place:
  - An informed and engaging curriculum that will integrate information about the health effects of tobacco use, as well as the legal, economic and social aspects of smoking;
  - Activities that aim to prevent the uptake of smoking included as part of our PSHE, Nurture and Break time learning;
  - Information on the local Quitters Stop Smoking Service will be readily available;
  - Smoking cessations and advice from Smoking Cessation trained staff will be readily available for those who would like to pursue a 'quit' plan or just want support to get them through the day;
  - A variety of Nicotine Replacement Therapy available as an option to be used to support those who want to quit or just to get through the day;
  - Rewards linked to the curriculum and engagement in learning, focusing on positive

- progress made;
- Relevant information and guidance displayed and shared as part of the school learning environment.

## 7 Facilities for Smokers

- i. No facilities for smoking in the workplace will be provided although support will be given to smokers to assist them to stop smoking.

## 8 Vehicles

- i. The Smoke Free Policy will apply to all school owned/hired/leased vehicles. No-one will be allowed to smoke inside any school owned/hired/leased vehicles. This is required by the Health Act 2006.
- ii. Employees are asked to refrain from smoking in their own vehicles, when used on school business and when carrying passengers.

## 9 Help with Smoking Cessation

- i. The school will support employees and pupils in school wishing to give up smoking by advertising, promoting Southampton Healthy Living and through both regular health promotion activities and specialist advice regarding health promotion activity.
- ii. Southampton Healthy Living will provide the school on request with information on giving up smoking and services to support school staff, pupils and parents/carers (either on or off site).
- iii. Where practicable, requests from employees to attend Smoking Cessation programmes during working hours will be supported.
- iv. Additional smoke free information and guidance can be found at:
  - <https://www.nhs.uk/smokefree>
  - <https://www.gov.uk/government/publications/smoking-and-tobacco-applying-all-our-health/smoking-and-tobacco-applying-all-our-health>
  - <https://www.southamptonhealthyliving.org.uk/>

## 10 Signage

- i. A5 No Smoking signs will be displayed at all main entrances to the school buildings (as required by the Health Act 2006).
- ii. Suitable posters will also be displayed in school areas to create a positive visual message which supports a smoke free working environment.

## 11 Appointments

- i. This is a Smoke Free School and this should be made clear within all its appointments procedures, staff handbooks and school information.

## 12 Links

- i. Health and Safety:  
The above policy on smoking at work forms part of the school's Health and Safety Policy arrangements.

- ii. **Healthy Schools:**  
The policy was developed in line with recommended good practice from the National Healthy Schools programme.
- iii. **Drug Education:**  
Cigarettes contain nicotine, which is a drug, thus linking the School's Smoke Free Policy to its drug education/ drug incident management policies that are based on the current DFES guidance. Ref: DfES (February 2004).
- iv. This Smoke Free Policy also falls in line with recommendations by Southampton City Council.

### 13 For Further Information and Guidance

- i. Liaise with colleagues who are trained Smoking Cessation advisors or a member of SLT.

### 14 Appendix A: Contract of Expectations



Name \_\_\_\_\_ Date \_\_\_\_\_

Compass School is strictly a SMOKE FREE site as directed by Southampton City Council. We promote healthy lifestyles for all our pupils and offer support and guidance to help our pupils not to smoke. Nicotine replacements are available and trained members of staff will assist with a quit plan.

The use of Vapes or E cigarettes are to be treated in the same way as tobacco. This is in line with government guidelines that it is illegal for under 18 year olds to be sold E cigarettes or fluid. It is also illegal for adults to buy or supply these products for under 18 year olds.



#### THE POLICY IN ACTION

Cigarettes, tobacco and lighters are not permitted in school.

If a pupil chooses to smoke on site, the following steps will be taken:

1. Step one will be an initial phone call made to parent/carer to inform them that their son/daughter has ignored school policy. A lesson 9 will be issued and it will be necessary for the pupil to stay after school to complete this, lesson 9 is for 40 minutes.
2. On a second occasion, a parent/carer will be required to come into school for a meeting.
3. A third incident will result in a one-day exclusion and a post exclusion meeting with parents.

I can confirm I have read and understood the Compass School Smoke Free contract of expectations.

Signed \_\_\_\_\_ (Pupil)

Signed \_\_\_\_\_ (Parent/Carer)

Signed \_\_\_\_\_ (School)

