

*We are now taking referrals for our next programme:*

## ***Early Years Programme***

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***A 10-week programme for Mothers/carers who have experienced unhealthy relationships.***

*Separate Thera-Play sessions for their children (3-5 years) delivered by a qualified Play Therapist.*

Covering:

- The effects of domestic and sexual abuse on women as mothers and on children and young people
- Effective communication skills with children and young people
- Working with challenging behaviour
- Protective behaviours and strategies for keeping mothers, children and young people safe

**Where:** 30 Brookvale Road, SO17 1QR

**Dates:** 23<sup>rd</sup> April 2024 **Time:** 10am - 12pm

**Referrals can be made via Yellow Door email [info@yellowdoor.org.uk](mailto:info@yellowdoor.org.uk) or call 02380 636312**